

Neurosurgeon: Consequence of Obama Care on patients over 70



On Nov. 22, 2011, Mark Levin the host of a Chicago's WLS radio talk show received a phone call from a neurosurgeon. According to the neurosurgeon, under Obama's health care plan, patients are called "units" and all patients over 70 years of age who need advanced neurosurgery will be given "comfort care" instead! Comfort care: "Medical care that is focused on relieving symptoms and optimizing patient comfort. Comfort care does not seek to cure or aggressively treat illness or disease." (Definition from <http://dying.about.com/od/glossary/g/Comfort-Care.htm>) In other words, patients over 70 needing advanced brain surgery to save their lives will be denied the surgeon's care!

Listen to the short 4 minute 47 second audio:

[Phone_call_from_Neurosurgeon_32bps1](#)

Percentage of Obese People per Country



The charts show the percentage of obese people per population among 34 nations of the world.

I found this data and the Japanese chart from <http://www2.ttcn.ne.jp/honkawa/2220.html>

Japan is the lowest with only 3.5% of the population and America is the highest with a whopping 35.9%! S. Korea is only 4.1% whereas Mexico is 30%. North Americans definitely eat too much sugar!



[Bruce Lipton explains the placebo effect and why most modern medical practices are not based on true science](#)



I was truly amazed and impressed by this talk by Dr. Bruce Lipton! He

explains why modern medical practices are still based on old outdated 19th century science because it does not include the principles of quantum mechanics. The medical world, especially in the USA, is stuck in a rut because of the influence of pharmaceutical companies and their monetary motivations. If you have a chronic illness of either a physical, mental, or spiritual nature, please do yourself a favor by taking 30 minutes to sit down and listen to this talk.

The Food Additive MSG is a Slow Poison



The food additive MSG (Mono-Sodium Glutamate) is a slow poison. MSG hides behind 25 or more names, such as Natural Flavoring." MSG is even in your favorite coffee from Tim Horton's and Starbucks coffee shops!

Germs cause cancer!



✖ “The idea that bacteria cause cancer is considered preposterous by most physicians. However, despite the antagonistic view of the American Cancer Society and medical science, there is ample evidence in the published peer-reviewed literature that strongly suggests that ‘cancer microbes’ cause cancer.” – Alan Cantwell, MD. [Read the rest of this article.](#)

[Aspartame, Brain Cancer & the FDA](#)



Beware of consuming any so called sweet sugarless products containing [aspartame](#)!

[Nattou – fermented soy beans](#)



Nattou in the styrofoam package it comes in

Recently I've been eating a traditional Japanese food called [nattou](#) nearly every day for lunch. Nattou is also known as "sticky beans." Click the photo to see why! Normally people eat it on top of rice, but I often eat it right out of the package with chopsticks after sprinkling on the soy sauce that comes with it. Nattou is very nutritious and good for health.

When I first ate nattou shortly after coming to Japan, I didn't like it very much then, but I've grown fond of it over the years. It's an [acquired taste](#). I often ate nattou on the road in the early days because it's the cheapest protein available.

Not all Japanese eat nattou. The people in the Kansai area (Kobe / Osaka / Kyoto) don't eat nattou as much as the Kanto (Tokyo and surrounding area) people do because they don't like the smell.

Did you know there is a major difference in health benefits between fermented and unfermented soy? Fermented soy like nattou and [Miso](#) are good for you, unfermented soy like tofu and soy protein powder are not.

[Doctor Admits Vaccine Is More Deadly Than Swine Flu Itself & Will Not Give It To His Kids](#)



Vaccinations are more harmful than what the vaccine is supposed to prevent.