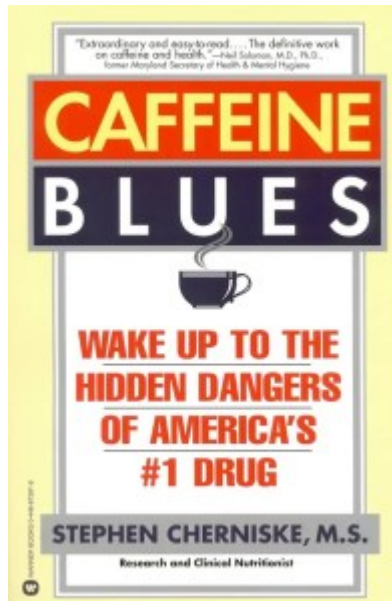


Caffeine Blues – the Health Benefits of Quitting Caffeinated Drinks



The downsides to your health of drinking coffee and caffeinated drinks.