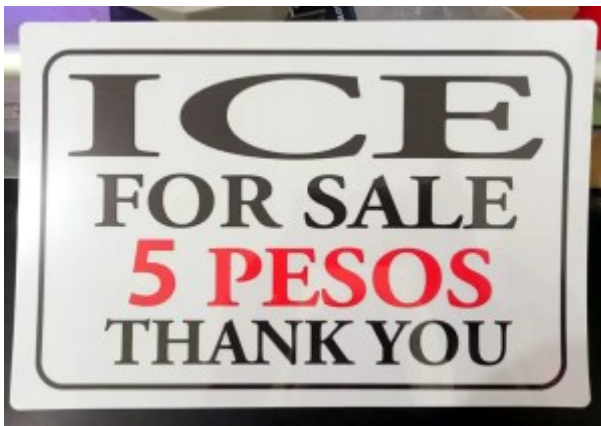


Scenes of the Philippines



There are [photos below the text.](#)

On Friday, June 21st, I turned 74 years old. I'm thankful to my Creator, the Lord Jesus Christ, for reasonably good health at my age, normal blood pressure, no arthritis, and no diabetes as my father had, and for being completely off medication of any kind. And I'm *especially* blessed to have a ministry of sharing God's truth, His Word, and the true views that Protestant Christians used to hold before the Counter-Reformation of the Jesuits sidetracked evangelical Christians. And I'm super-blessed to have friends who value my work and the articles on this website. And I'm blessed to have a wonderful wife who supports my ministry. And I'm blessed to live in a land of peace and liberty with no crime in my area that I know of, a land where little kids walk the streets without danger of being abducted. It never gets cold but doesn't get too hot either because of the proximity of the sea. I hardly see police anywhere. I see only armed guards at entrances to banks and any establishment where there is a lot of cash or goods at hand.

The Philippines is still a poor country as are many Roman Catholic nations. Signs advertising ice for sale are ubiquitous and are indicative of its poverty. We sell our neighbors ice for about 10 US cents a bag and use the money to buy filtered drinking water which costs roughly only USD 0.50 per 5 gallons. Our next-door neighbors do not have either a refrigerator or a stove. They cook outside over a wood fire. They do have a phone, however. A phone is the one appliance nobody seems to lack. They connect to the Internet through what's called Piso WiFi. Put a 5 peso coin (about USD 0.10) in the slot and you get one hour of Internet. Haircuts are only about \$1.00 or 60 Philippine pesos. I always give them more than they ask or about 100 pesos. This is still 7 times less than I would pay in Guam.

Households owning appliances:

Television 75%

Refrigerator/Freezer 50%

Washing machine 49.2%

Radio 35.4%

Aircon 16.1%

Stove with oven/gas range 14.2%

Microwave/oven toaster 10.5%

Source: [Percentage distribution of households in the Philippines owning home appliances in 2022, by type](#)

Photos of my area in the Philippines



Caba Beach near sunset



Caba Beach near sunset



Imaga White Sand Beach sign



Imaga White Sand Beach sign.



Image White Sand Beach



Children walking on the main road to town.



Elementary school graduation ceremony.



A typical village road.



A poor family's house



A rich family's house



Near Caba Beach



Near Caba Beach



Wedding at Imaga White Sand Beach



Imaga White Sand Beach rocks in the background.

Why Europe in the Middle Ages Was So Filthy



Europe in the Middle ages was filthy because the Catholic Church forbid the people to read the Bible. They didn't know the importance God puts on cleanliness.

Japanese Doctors Warn About the Side Effects of the COVID-19 Vaccines



This is a transcript of a press conference called by Japanese physicians. Throughout the decades when I lived in Japan, it's been my observation that most Japanese are honest people and are not easily deceived by the media. When they encounter difficulties, they'll do an honest investigation of the problem and won't be easily swayed by others.

Transcript

We are the General Incorporated Association of the Vaccine Injuries Study Group. We now have this press conference to report on the results of our study since its establishment. My name is Takeguchi, and I will be moderating the conference.

First of all, I would like to take this opportunity to express my condolences to those who have passed away due to health issues after receiving the COVID-19 vaccine. Furthermore, I extend my best wishes to those who have suffered health issues and those who are currently struggling with symptoms.

(Next speaker)

A systematic review of the literature has revealed some surprising facts. Thousands of papers have reported side effects after vaccination, which affect every organ without exception, ranging from ophthalmology (the diagnosis and treatment of eye disorders) to general medicine, to psychiatry. We have compiled this information into a paper that was published yesterday.

These documents have been preliminarily investigated by a group of volunteer physicians. They saw how many cases have been reported by Japanese academic societies. This kind of reporting on drug side effects or the like is unprecedented.

As my specialty is cancer, chemotherapy drugs are plagued with side effects, but the patterns are known and predetermined. The patterns of side effects caused by this (COVID-19) vaccine are not determined. They can occur throughout the body. Multiple diseases can occur simultaneously. Doctors have never seen such a thing. This is the candid opinion of the medical profession.

Japanese doctors are also trying hard, but they face various obstructions. There's this sentiment of 'Why report something like vaccine damage?' There are interferences in reporting. Such actions themselves hinder academic freedom, and in some academic departments, censorship is taking place such as in conference presentations and publications of academic papers. This is happening globally. Some journals are effectively practicing censorship.

We are working on a paper that is expected to be published soon. Once published, we will be able to report in detail. For example, the age-adjusted mortality rate for leukemia has increased, and there are significant findings of breast cancer, ovarian cancer, and so on. We will share the relevant information with everyone as we advise and request the government on how to proceed.

Next, Prof. Yasufumi Murakami, the director in charge of the testing method development working group, will explain the progress of the test development and future outlook.

Prof. Yasufumi Murakami: Thank you, everyone. One thing I want to say initially is that it is clear how the adverse effects occur, which is still having many victims today. **I believe the vaccine should be stopped immediately.**

The mechanism by which adverse effects occur is well understood; **the spike [protein] is toxic.** It's very clear what happens when you administer a toxic gene to a human. Another point is that the Lipid nanoparticles, they are also toxic.

The major problem is that we are injecting two toxic substances into people, one of which is that human cells are producing spike proteins. Since the immune system will attack this, it causes very violent reactions. Some cases occur within one or two weeks after injection, but there are also many cases that appear after one or two years.

Additionally, there is indeed such a thing as good and bad antibodies in humans, and an antibody called IgG4 actually suppresses immunity. Usually with vaccines, if an IgG4 antibody is induced, it is considered a failure. However, with the current messenger-type vaccines, a significant amount of IgG4 is being induced. When this happens, it plays tricks on various immune functions. Therefore, we want to thoroughly investigate what ratio of Japanese people are experiencing this. We aim to carefully examine what level of IgG4 reacts with the spike protein that is present in each individual.

Of course, the problem is, we already understand these factors. Vaccines that have failed are still being administered, and the Ministry of Health, Labour and Welfare recognizes these failed vaccines. So I would like to stop them immediately, but even though I speak out against the vaccine in various places, they don't stop administering them at all. So we will clearly present evidence and publish it in articles one by one.

New speaker: So, we are working with Dr. Fukushima to create this database, and so far, about 201 types of diseases and 3,071 papers on side effects have

been reported. **It is unprecedented in human history for a single vaccine to have this much literature out on it.** With this, we plan to present it to the nation and the Japanese government in the form of solid science that no one can dispute.

In the next slide you will find diseases of the heart, kidney, thyroid, diabetes, liver, skin, eyes, blood, nerves, systemic diseases, brain, and lungs, diseases across all medical fields have been reported as Prof. Fukushima states. The characteristic of the side effects of this vaccine is that they occur simultaneously within entire families.

As for the data, when diseases such as those of the heart, kidney, endocrine, and liver occur simultaneously with the range in which they occur, a tremendous number of papers are reported with many pages.

New speaker: Mental disorders, psychiatric symptoms, depression, mania, and anxiety, came up in abundance. It's endless. It's about understanding why this is happening. That's why, actually, with broader keywords, for example, not just COVID-19 vaccines but also SARS-CoV-2, messenger RNA vaccines, and the like, when you separate it out into various keywords, more and more results come up. So this is just a part of it. Even with what Dr. Inoue introduced earlier, it's just a part of what has been done with the PubMed database. There are things that won't be caught by PubMed. So like "Creutzfeldt-Jakob disease (CJD)", it's not caught, next slide.

However, there are such peer-reviewed papers out there from Dr. Montagnier who discovered HIV and received the Nobel Prize. It's a persuasive paper. But it disappeared. He was cautious from the beginning.

About the spike protein sequence, within the genes, you know, he was warning that if there's a prion-like (pathogenic type of misfolded protein) sequence, it could be very dangerous. Many scientists were warning about it. I too said it could be hazardous because of the possibility of prions. I discussed it with prion experts.

So, if you inject the vaccine into the muscle, it will be taken up by the surrounding cells. People who know nothing about medicine and biology don't think about such specific things, which is why they say it's an mRNA vaccine. However, if you know biology and medicine, such specific things don't happen. That is what we call off-target. Out of control beyond the target. It doesn't know where to go. If it goes into the bloodstream, it goes to the brain, liver, and kidneys. What if it went everywhere? That's something people don't think about. This off-target problem hasn't been solved.

And even if that is solved, there are still many problems. Because these nanoparticles, which were inflammatory earlier, are environmental issues, especially plastic nanoparticles, which are the world's number one problem. They enter the brain. However, those who don't know anything say, "It's plastic, so it won't be digested, so it's okay to eat." They pretend to know, but it doesn't get digested. The person has no idea how toxic organic substances are attached to the surface of those plastic nanoparticles. So, with fragments of such knowledge, they exaggerate things and think they can

go with this. They say, "I know! This is good!" So, honestly, they need to go back and redo from middle school biology to high school and university entrance exams.

As I mentioned earlier, medicine is still immature. Basically, we don't understand much about the principles of life. Now, this kind of thing has happened, so, turning adversity into fortune, we should learn again here what happens instead of saying, "Go for it, go for it" with the vaccines. Well, it's like, ignorance is bliss. That's what this world is about. **Taking vaccines has become a kind of faith. Vaccines centers, they're like a weird cult. They're now basically fallen into an infinite hell.**

Simply thinking that things can be understood with fragments of knowledge is a mistake.

(End of transcript.)

If you are Japanese or understand the Japanese language, [click here to listen to the press conference](#).

[NW Insider Dr. Richard Day Reveals the New World Order Plan](#)



Dr. Richard Day

Dr. Richard Day revealed New World Order plans in 1969. As we enter the new year 2024, let's count how many of these 55 points in their plans have come to pass. My comments are in parenthesis after some of them.

This article started with a video of the recollections of Dr. Lawrence

Dunegan regarding a lecture he attended on March 20, 1969, at a meeting of the Pittsburgh Pediatric Society. Unfortunately, that video was removed from YouTube. □

The lecturer at that gathering of pediatricians was Dr. Richard Day (who died in 1989). At the time Dr. Day was Professor of Pediatrics at Mount Sinai Medical School in New York. Previously he had served as Medical Director of Planned Parenthood Federation of America. Dr. Dunegan was formerly a student of Dr. Day at the University of Pittsburgh and was well acquainted with him, though not intimately. He describes Dr. Day as an insider of the "Order" and although Dr. Dunegan's memory was somewhat dimmed by the intervening years, he is able to provide enough details of the lecture to enable any enlightened person to discern the real purposes behind the trends of our time.

You can also [read a transcript of the entire message on this site!](#)

Here are just some of the topics covered in this video created from Dr. Dunegan's audio tapes about the plans of the New World Order. He revealed this information in 1969! How many predictions can *you* count that have been fulfilled? Please write your answer in the comments section below.

1. Girls would be discouraged from playing with dolls so they wouldn't think about babies. They would be encouraged to get out on the soccer field instead.
2. Guns would be eliminated almost entirely and the few that were allowed to have them for hunting would have to check them out from officials. (The public in Canada, Australia and New Zealand have been disarmed. This is the reason, in my opinion, government repression during the Covid plandemic was much harsher in those nations than in America.)
3. They already could cure over 98% of all cancers – they had the cures at the Rockefeller Institute. But they would not be released because there were too many people in the world and they had to die of something.
4. Homosexuality will be encouraged – anything goes. (Since the Obama administration, gay rights have been promoted, and now under Biden, the LGBTQ agenda is given priority over fixing the southern border crisis and fixing other serious problems America is facing today.)
5. Families will diminish in importance. People would be encouraged to live alone.
6. Euthanasia will be encouraged – they will use "the demise pill" to kill themselves.
7. Births will be strictly controlled and you could not simply have children because you wanted them.
8. "Stupid" people would not eat correctly and exercise so they would die much earlier and that's what they wanted.
9. Private doctors will be eliminated – doctors make too much money.
10. They will make health care so expensive that you must have insurance or be financially destroyed. Limiting access to affordable medical care will make eliminating the elderly easier. They would stop hospitals from giving any charity care.
11. New difficult-to-treat and diagnose diseases will come about as a means

- of population control. (SARS, Covid-19, laboratory engineered viruses.)
12. Running shoes and sports equipment will be made glamorous to make the “smart” people get into exercise.
 13. Romantic music will not be put out anymore. All the old music will be brought back on certain “oldies” radio stations and the young people will have their own radio stations. Old movies will be put on again for the old people.
 14. Entertainment will be used to mainly change and program young people. The old people are not important anyway so they don’t care much about them.
 15. Entire meals will be made and put in grocery stores. Convenience foods will be made unhealthy. They wanted people who were too lazy to fix their own meals or exercise to die early.
 16. Inducing heart attacks as a means of assassination. ([Heart attacks among young people have indeed dramatically increased](#) since the Covid-19 pandemic. Did the Covid vaccines cause it? I believe it did.)
 17. They will blend all religions but Christianity had to go especially! Once the Roman Catholic Church is brought down then the rest will go next. Then they will create a new religion. (Many traditional Catholics are alarmed at the way Pope Francis is leading the church. I believe that even if the RCC is destroyed as an institution, those who controlled it will lead the new world religion. And if end-time events do not go the way dispensational evangelicals think they will, some have actually said they will throw their Bible away!)
 18. They will change the Bible over time – churches would help them! (False doctrines abound in churches today.)
 19. The education system will be restructured as a tool of indoctrination. Kids will spend more time in school but won’t learn anything. Kids will have to specialize early on in their education and changing their plans will be very difficult. (Many Americans cannot find major countries such as Japan on a map.)
 20. ID will be required for all travel. They will implant IDs inside the skin so that nobody can say they lost their IDs.
 21. They will control who has access to information. Some books will just disappear or be changed. They will even have thieves steal certain books from the library. (It’s much harder for them to control Information now unless Internet providers start to charge more money to access websites like mine which are not sanctioned by the government.)
 22. Drug use will be encouraged to create a “Jungle” atmosphere. Meanwhile, police enforcement to put people in prison for drugs will be drastically increased.
 23. Food will be strictly controlled and people would be not allowed to grow their own. They only would give you enough food to give you what you needed but hoarding food or growing food would be criminal activities. They didn’t want anybody to be able to support those outside their system.
 24. Travel will be first made cheaper to encourage people to spread out their families but then made very expensive so few people can afford it.
 25. Crime will be increased as a way to control society.
 26. More jails would be made and they would even use hospitals as jails.
 27. **America would lose its manufacturing base.** Other countries would be

making the products America was making now. (This is sure true of manufacturing in Asian countries.)

28. Sports would be used as a tool for social change – Soccer was being encouraged since it was a global game. They wanted to do away with anything like football and baseball that were created in the United States. National pride of any type would be discouraged.
29. Sex and violence would be programmed through entertainment.
30. All television sets would have secret cameras that would watch everybody in the room.
31. They would implant IDs in everybody.
32. They would control what was in our food.
33. They already controlled the weather. They would stop rain in certain areas to bring them under their control. They would make rain during harvest to make it harder to get the food from the fields.
34. There were always two reasons for all their actions. The public reason they give everybody and the REAL reason.
35. People don't ask the right questions – they are too trusting.
36. Scientific research would be falsified to push their agendas.
37. **Terrorism would be used to control the people.**
38. Home ownership will be a thing of the past.
39. The new system would be either brought by peaceful means if possible or by bringing the nation to the brink of nuclear war. People would give up their national sovereignty to keep the peace.
40. If too many people resisted their plans, there might be a need to use one, two or more nuclear weapons to show that "we mean business".
41. War was justified as a way to control the population. They were happy that World Wars had killed millions so they couldn't keep having babies. But now with nuclear weapons, they would not allow wars to be fought with nuclear weapons on a wide scale.
42. Americans have had it too good so nuclear terrorism might need to be used in order to implement the new world order system.
43. Inflation is a tool of control. Money would be turned into credit. Cash would be done away with. People would carry money only for small items such as chewing gun. All else is done electronically. They would ultimately have a single bank system but might appear as several banks.
44. All purchases would be tracked. If you bought too much of an item or a particular item, an official would be alerted to investigate. The ability to save would be curtailed so they would not be able to accumulate wealth. Wealth in the hands of the people is not good for those in charge.
45. If you saved too much, your pay would be cut in the future so you could not accumulate any wealth.
46. Credit would be encouraged so people would get in debt and get in trouble so authorities could come down hard on them.
47. Eventually there would only be one credit card and then after that, there would be a skin implant located in your right hand or your forehead. He was told to not worry about what the Bible said about this because this was just the logical place for the implant.
48. Implants would also be used for surveillance. Every citizen could be identified by their own signal through tooth fillings etc.
49. You'll be watching television and somebody will be watching you at a

central station. The TV could be off and still monitor you. They could tell what you are watching and how you are reacting to what you are watching. The signals for monitoring you will go down the cable for your Cable TV and telephone wires.

50. Audio monitors would also be used in other rooms. Any wires that come into the home will be used to monitor you such as telephone wires.
51. There would be service trucks everywhere putting in the monitoring equipment.
52. People who already owned houses would be allowed to keep them but young people would never be able to afford a home. The cost of homes would not come down even with all the empty houses. They would control the price of homes to turn more and more people into renters.
53. People would be assigned where they would live and they would assign non-family members to live with you. That's why the census asks how many bedrooms you have in the home.
54. When the new system comes out, they would be required to sign allegiance to it. There would be no room for people who would not sign their allegiance to the new system. They would be secretly taken to special places where they would not live very long. People will just disappear so they can't be martyrs.
55. The new system will come in over a weekend in the winter. They would announce the new system was in place on a Monday. Everybody will have less leisure time after the new system was brought in so they couldn't figure out what was going on.

Science Confirms the Truth of the Bible

Science Confirms the Bible <small>(Bear in mind that the Bible was written 2,000-3,000 years ago)</small>		
THE BIBLE	SCIENCE NOW	SCIENCE THEN
The earth is a sphere (Isaiah 40:22)	The earth is a sphere	The earth was flat (Job 26:10)
Incalculable number of stars (Genesis 22:17)	Incalculable number of stars	Only 1,100 stars
Free flow of earth in space (Job 28:7)	Free flow of earth in space	Earth sat on a large animal
Creation made of invisible elements (Hebrews 11:3)	Creation made of invisible elements (atomic)	Science was ignorant on the subject
Each star is different (1 Corinthians 15:41)	Each star is different	All stars were the same
Light moves (Job 38:18,20)	Light moves	Light was fixed in place
Air has weight (Job 28:25)	Air has weight	Air was weightless
Winds blow in cyclones (Ezekiel 1:1)	Winds blow in cyclones	Winds blow straight
Blood is the source of life and health (Leviticus 17:11)	Blood is the source of life and health	Sick people must be bled
Ocean floor contains deep valleys and mountains (2 Samuel 22:16; Job 28:1)	Ocean floor contains deep valleys and mountains	The ocean floor was flat
Ocean contains springs (Job 38:11)	Ocean contains springs	Oceans fed only by rivers and rain
When dealing with diseases, hands should be washed under running water (Leviticus 15:13)	When dealing with diseases, hands should be washed under running water	Hands washed in still water

True scientific discoveries confirm the truth of the Bible. The very first verse in the Bible, Genesis chapter one verse one, has a profound meaning in

physics.

Genesis 1:1 ¶In the beginning God created the heaven and the earth.

Einstein's *space-time continuum* verifies Genesis 1:1. Before "the beginning" there was no time, there was no heaven – space – and there was no earth – matter. Time, space, and matter all must exist simultaneously or none of them can exist.

Physicist Dr. John Gideon Hartnett adds to the preceding paragraph:

At first glance, this seems to give credibility to the Big Bang theory that the universe had a beginning in time and was 'created' out of 'nothing'. Those are in scare quotes because there is no creator in the big bang universe, and prior to it existing there was nothing. But nothing does not spontaneously create a universe unless you are a believer in Steven Hawking's wishful thinking. See

<https://biblescienceforum.com/2014/07/15/the-singularity-a-dark-beginning/>

Without space and time, matter cannot exist, but neither can a universe exist without a creator and the Bible tells us who He is. The Creator is a God whom we can know personally. He is the great I AM, who was always there, the uncreated First Cause, and we can trust what He says, because He never lies (Numbers 23:19, Titus 1:2). His name YHVH from Hebrew means the 'self-existent One'. He is not created but He created all things."

Dr. Henry M. Morris, Ph.D., says,

"In the beginning God created the heaven and the earth." Time itself, according to this most profound (yet simple) of all declarations, had a beginning. Space (i.e., "the heaven") and matter ("the earth") began simultaneously with time. Before that beginning, there was nothing—that is, nothing except God! (Quoted from <https://www.icr.org/article/eternal-future-time-space-matter/>)

The Bible confirms the existence of harmful bacteria

The laws of sanitation in the Bible were written some 3000 years before Louis Pasteur in the 19th century linked germs with infectious disease!

There are numerous rules for sanitation and quarantine found in the Old Testament, and especially in the Book of Leviticus that God gave for the benefit of His children to keep them free from contagious diseases. The scientific community only much later in time discovered the importance of these health rules which includes washing one's body in *running water*!

*Leviticus 15:13 And when he that hath an issue is cleansed of his issue; then he shall number to himself seven days for his cleansing, and **wash his clothes, and bathe his flesh in running water, and shall be clean.***

"Soap and water don't kill germs; they work by mechanically removing them from your hands. **Running water by itself does a pretty good job of germ removal...**" (Quoted from https://www.health.harvard.edu/newsletter_article/The_handiwork_of_good_health)

You have probably heard the proverb, "Cleanliness is next to godliness." The phrase "running water" is found exactly seven times in the King James translation of the Bible! The number seven is God's special number, for it signifies spiritual perfection and completion. The Bible mentions it more than any other number.

Leviticus 14:5 And the priest shall command that one of the birds be killed in an earthen vessel over **running water**:

Leviticus 14:6 As for the living bird, he shall take it, and the cedar wood, and the scarlet, and the hyssop, and shall dip them and the living bird in the blood of the bird that was killed over the **running water**:

Leviticus 14:50 And he shall kill the one of the birds in an earthen vessel over **running water**:

Leviticus 14:51 And he shall take the cedar wood, and the hyssop, and the scarlet, and the living bird, and dip them in the blood of the slain bird, and in the **running water**, and sprinkle the house seven times:

Leviticus 14:52 And he shall cleanse the house with the blood of the bird, and with the **running water**, and with the living bird, and with the cedar wood, and with the hyssop, and with the scarlet:

Leviticus 15:13 And when he that hath an issue is cleansed of his issue; then he shall number to himself seven days for his cleansing, and wash his clothes, and bathe his flesh in **running water**, and shall be clean.

Numbers 19:17 And for an unclean person they shall take of the ashes of the burnt heifer of purification for sin, and **running water** shall be put thereto in a vessel:

More Scriptures about sanitation

Leviticus 11:31 These are unclean to you among all that creep: whosoever doth touch them, when they be dead, shall be unclean until the even.

32 And upon whatsoever any of them, **when they are dead**, doth fall, it shall be **unclean**; whether it be any vessel of wood, or raiment, or skin, or sack, whatsoever vessel it be, wherein any work is done, **it must be put into water**, and it shall be unclean until the even; **so it shall be cleansed**.

33 And every earthen vessel, whereinto any of them falleth, whatsoever is in it shall be unclean; and ye shall break it.

34 Of all meat which may be eaten, that on which such water cometh shall be unclean: and all drink that may be drunk in every such vessel shall be unclean.

35 And every thing whereupon any part of their carcase falleth shall be unclean; whether it be oven, or ranges for pots, they shall be broken down: for they are unclean, and shall be unclean unto you.

36 Nevertheless a fountain or pit, **wherein there is plenty of water**, shall be clean: but **that which toucheth their carcase shall be unclean**.

The words “unclean” and “clean” indicate to me either the presence of germs and harmful bacteria or the absence of them. The microscope had not yet been invented in the time Moses led the children of Israel out of Egypt. The people of course could not see microbes. They didn’t have the “germ theory” in their education. They just obeyed God’s commands to Moses not knowing the scientific reasons why they should.

Medieval Europe was plagued with diphtheria, measles, tuberculosis, leprosy, typhus, anthrax, smallpox, salmonella and other maladies. The worst of such diseases was of course the Black Death.

*Leviticus 15:1 ¶And the LORD spake unto Moses and to Aaron, saying,
2 Speak unto the children of Israel, and say unto them, When any man hath a running issue (a discharge such as puss) out of his flesh, **because of his issue he is unclean.***

3 And this shall be his uncleanness in his issue: whether his flesh run with his issue, or his flesh be stopped from his issue, it is his uncleanness.

4 Every bed, whereon he lieth that hath the issue, is unclean: and every thing, whereon he sitteth, shall be unclean.

*5 And whosoever toucheth his bed shall **wash his clothes, and bathe himself in water**, and be unclean until the even.*

*6 And he that sitteth on any thing whereon he sat that hath the issue shall **wash his clothes, and bathe himself in water**, and be unclean until the even.*

*7 And he that toucheth the flesh of him that hath the issue **shall wash his clothes, and bathe himself in water**, and be unclean until the even.*

*8 And if he that hath the issue spit upon him that is clean; then he shall **wash his clothes, and bathe himself in water**, and be unclean until the even.*

9 And what saddle soever he rideth upon that hath the issue shall be unclean.

*10 And whosoever toucheth any thing that was under him shall be unclean until the even: and he that beareth any of those things **shall wash his clothes, and bathe himself in water**, and be unclean until the even.*

*11 And whomsoever he toucheth that hath the issue, and hath not rinsed his hands in water, he shall **wash his clothes, and bathe himself in water**, and be unclean until the even.*

*12 And the vessel of earth, that he toucheth which hath the issue, shall be broken: and every vessel of wood **shall be rinsed in water.***

*13 And when he that hath an issue is cleansed of his issue; then he shall number to himself seven days for his cleansing, and **wash his clothes, and bathe his flesh in running water**, and shall be clean.*

Does modern science tell us it’s important for good health to keep our bodies and hands clean? You know it does. And why? To remove the presence of harmful bacteria, that’s why.

Did you know that in the early part of the 19th century, [‘Wash your hands’ was once controversial medical advice?](#)

Regarding the hygiene principle and germs, Ignaz Philipp Semmelweis (1818 –1865), who was a Hungarian physician, discovered that 10%–35% Of the mothers that came to the medical institutions

suffered fatalities. Puerperal fever was common in mid-19th-century hospitals and was fatal. Doctors in those clinics had three times the mortality of midwives' wards. Sadly, nobody knew why. But after close observation, Semmelweis discovered that the incidence of puerperal fever or "childbed fever" could be **greatly reduced by the use of hand disinfection** in obstetrical clinics.

Semmelweis proposed the practice of washing hands with chlorinated lime solutions in 1847 while working in Vienna General Hospital's First Obstetrical Clinic. He ordered physicians to wash their hands thoroughly after every examination. In three months, **the death rate fell from 18% to 1%**. These were astounding results. And he was called the "savior of mothers." He published a book of his findings in *Etiology, Concept and Prophylaxis of Childbed Fever*. Despite various publications of his successful results, Semmelweis's suggestions were **not accepted by the medical community** of his time.

Why was Semmelweis research rejected? Because germs were virtually a foreign concept for the Europeans in the middle-19th-century. Later, Semmelweis's publications earned widespread acceptance only years after his death, when Louis Pasteur confirmed the "germ theory" and Joseph Lister, acting on the French microbiologist's research, practiced and operated on patients while using hygienic methods with great results.

Had the medical community paid attention to God's instructions that were given 3000 years before, many lives would have been saved. The Lord gave the Israelites hygienic principles against the contamination of germs and taught the necessity to quarantine the sick (Numbers 19:11-12). And the book of Leviticus lists a host of diseases and ways where a person would come in contact with germs (Leviticus 13:46).

Germs were no new discovery in 1847. And for this fact, Roderick McGrew testified in the *Encyclopedia of Medical History*: "The idea of contagion was foreign to the classic medical tradition and found no place in the voluminous Hippocratic writings. The Old Testament, however, is a rich source for contagionist sentiment, especially in regard to leprosy and venereal disease" (1985, pp. 77-78). – (from <https://bibleask.org/did-the-bible-teach-the-germs-theory/>)

The practice of the quarantine of people with infectious diseases is in the Bible

Numbers 12:10 ¶And the cloud departed from off the tabernacle; and, behold, **Miriam became leprous**, white as snow: and Aaron looked upon Miriam, and, behold, she was leprous.

11 And Aaron said unto Moses, Alas, my lord, I beseech thee, lay not the sin upon us, wherein we have done foolishly, and wherein we have sinned.

12 Let her not be as one dead, of whom the flesh is half consumed when he cometh out of his mother's womb.

13 And Moses cried unto the LORD, saying, Heal her now, O God, I beseech thee.

14 And the LORD said unto Moses, If her father had but spit in her face, should she not be ashamed seven days? **let her be shut out from the camp seven days**, and after that let her be received in again.

15 And Miriam was shut out from the camp seven days: and the people journeyed not till Miriam was brought in again.

Other than the “germ theory” we also have the “terrain theory”

Diseases are results of our internal environment and its ability to maintain homeostasis against outside threats. Terrain theory believes if an individual maintains a healthy terrain, it can handle outside invaders or threats which cause diseases. When terrain is weak, it favors the microorganisms. Hence, health depends on the quality of an individuals' terrain. (Quoted from <https://drkarenwolfe.org/germ-theory-or-terrain-theory-of-disease/>)

Are these two theories of the cause of disease at odds with each other? I personally do not think so. In my opinion, both are true. We are supposed to wash our hands before we eat so we do not transfer harmful bacteria into our mouths, and we try as much as possible to live in an environment free of toxic chemicals. We also are supposed to maintain a strong immune system by eating a nutritious diet, daily exercise, taking a good night's sleep and rest when our bodies tell us it's tired, and having a good mental attitude toward life in general.

People who have a relationship with God through the Lord Jesus Christ are the most likely people to have such a good positive attitude. They are less likely to worry about the future or experience stress which is harmful to health. If you are searching for such a relationship with your Creator God, please see [The Lover of all Lovers.](#)