

Former Editor-in-chief of Psychology Today Testifies How Google and Facebook Influence Voters



Dr. Robert Epstein testifies in a Senate Judiciary Committee on how liberal tech giants like Google and Facebook have manipulated votes for Democrats.

From a Former KGB Agent: The 4 stages of Subverting a Nation



This is a 1985 interview of [Yuri Bezmenov](#), a former Soviet KGB agent who defected to the West.

What Yuri Bezmenov has to say is so significant, I transcribed it from a YouTube video you will find on the bottom of this post for you busy folks who don't want to take time to see it. The emphasis in **bold font** is mine.

Interviewer: The Soviets use the phrase, "ideological subversion". What do they mean by that?

Bezmenov: Ideological subversion is the process which is legitimate overt and open. You can see it with your own eyes. All you have to do, all the American mass media has to do is to unplug their bananas

from their ears, open up their eyes and they can see. There's no mystery. There's nothing to do with espionage. I know espionage intelligence gathering looks more romantic, it sells more deodorants through their advertising, probably. That's why your Hollywood producers are so crazy about James Bond type of thrillers. But in reality, the main emphasis of the KGB is **not in the area of intelligence** at all! According to my opinion, and the opinion of many defectors of my caliber, only about 15% of time, money and manpower is spent on espionage as such. The other 85% is a slow process which we call either ideological subversion or active measures, (2 Russian words, *активные* something, I couldn't catch it) in the language of the KGB, or psychological warfare. What it basically means is, to **change the perception of reality of every American** to such an extent that **in spite of the abundance of information** no one is able to come to sensible conclusions in the interest of defending themselves, their families, their community and their country.

It's a great brainwashing process which goes very slow and is divided into four basic stages, the first one being demoralization. It takes from 15 to 20 years to demoralize a nation. Why that many years? Because this is the minimum number of years which is required to educate one generation of students in the country of your enemy exposed to the ideology of your enemy. In other words, Marxism / Leninism ideology is being pumped into the soft heads of at least 3 generations of American students without being challenged or counterbalanced by the basic values of Americanism, American patriotism.

The demoralization process in the United States is basically completed already, for the last 25 years, actually it's over fulfilled because demoralization now reaches such areas where previously not even Comrade Andropov and all his experts would even dream of such a tremendous success. Most of it is being done by Americans to Americans thanks to a lack of moral standards. As I mentioned before, exposure to true information does not matter any more. **A person who is demoralized is unable to assess true information.** The facts tell nothing to him. Even if I shower him with information, with authentic proof, with documents, with pictures, even if I take him by force to the Soviet Union and show him a concentration camp, **he will refuse to believe it until he's going to receive a kick in his fat bottom. When a military boot crushes his, then he will understand, but not before that.** That's the tragedy of the situation of demoralization.

The next stage is destabilization. This time, the subverter does not care about your ideas and the patterns of your consumption, whether you eat junk food and get fat and flabby, it doesn't matter anymore. This time, and it takes only from 2 to 5 years to destabilize a nation, what matters is essentials, the economy, foreign relations, defense systems. And you can see quite clearly that in some areas in

such sensitive areas as defense and economy, the influence of Marxist / Leninist ideas in the United States is absolutely fantastic. I could never believe it 14 years ago when I landed in this part of the world that the process will go that fast.

The next stage of course is crisis. It may take only up to 6 weeks to bring a country up to the verge of crisis. You can see them in Central America now.

And after crisis, with a violent change of power, structure and economy, you have a period of so called normalization. It may last indefinitely. Normalization is a cynical expression born from Soviet propaganda. When the Soviet tanks moved into Czechoslovakia in '68, Comrade Brezhnev said, "Now the situation in brotherly Czechoslovakia is normalized!" This is what will happen in the United States if you allow all these smucks to bring the country to crisis, to promise people all kind of goodies and a paradise on earth, to destabilize your economy, to eliminate the principle of free market competition, and to put a Big Brother government in Washington D.C. With benevolent dictators like Walter Mondale who will promise lots of things, never mind whether the promises are fulfilled or not.

I posting this in the hope maybe it will help a few individuals to wake up to reality. My hope is to inspire others to start doing their own research to see whether these things be true or not. You can start by reading the first three chapters of the book of Genesis of the Holy Bible. When you understand its meaning, and you'll be more knowledgeable about the important truths of life than people with a doctorate degree from any of the most prestigious universities in the world!

This article was first posted on Feb. 20, 2011.

[Why I stopped listening to Alex Jones](#)



I'm very concerned about the attitudes and mindsets of some of my friends who regularly listen to radio talk show host Alex Jones. I used to like Alex Jones, and once greatly admired his courage for crashing the [Bohemian Grove](#) during one of its annual get-togethers of the elite. I thought he was great for filming the "Cremation of Care" ceremony. Now I think it all have may been a set-up. He could have been justifiably shot for trespassing at any time! Why was he not afraid of that? I believe he had **promises beforehand** that he wouldn't be attacked. I never heard of any litigation brought against him for it. Was there any? Well, that's my little "conspiracy theory" if you will, but the following is not theory; it's history and verifiable facts:

Alex Jones falsely proclaimed to the world that Y2K was destroying a town:

Twenty to 40,000 civilians trapped in the city ... tanks are being blown to bits, massive broad unguided rocket attacks are being launched massively from the city indiscriminately right now, air and artillery bombardments as well. It is absolutely out of control. It is pandemic ladies and gentlemen. ..." – Quoted from Jones' radio broadcast.

The American patriot and one of my heroes, William Cooper, didn't like Alex Jones and exposed his Y2K fear mongering tactics on one of his [shortwave radio broadcasts](#). I believe William Cooper was a sincere truth teller who paid the price for his faithful broadcasting of truth with martyrdom. How many times has Alex Jones been persecuted and beat up to the point of being hospitalized? William Cooper was.

Bill Cooper Says Alex Jones Is a NWO Shill

Alex Jones exposes *himself* as a shill

The Youtube clip below shows Alex Jones rudely disrupting a peaceful rally led by an American patriot proclaiming the same message Jones himself claims to hold!

"The alter ego of Alex Jones got the better of him today in Austin. Two minutes into an organized rally at the steps of the Austin Police Department, Alex shows up and immediately starts bullhorning over the speech of local patriot, John Bush." (From <http://wideeyecinema.com/?p=7334>)

Alex Jones betrayed a Christian patriot family in Texas

Please see <http://www.christianmediaresearch.com/jones.html> for details.

Some of my friends who listen to Alex Jones, and who knew political reality from decades ago, seem to actually believe that Ron Paul, if elected U.S. President, could turn around the negative foreign and domestic policies America has had since close to the beginning of the 20th century and improve the well being of the American people. With all the true information they had 30 years ago, I do think they should know better! No one man can turn around that country, not even with the help of all his friends. The enemy has infiltrated far too deeply. If Paul even came close to winning in a presidential campaign, I would smell a rat. Paul would need massive support of the Mass Media and Elite to be a viable contender for the presidency. And if he won, would he actually fulfill his present vision for the country? If he tried, he would suffer the same fate as JFK did in no time.

An excellent resource I found is [Who is Alex Jones?](#)

One of the comments on that page says:

AJ's duty is to serve his masters by conducting occult magick, in order to create the illusion of truth. By what seems to be endless amounts of bones to uncover, the people have been thrust into a frenzied mentality of let's see what AJ has for us tonight. As if they are dope feigns looking for their next hit and at the end of the day, what difference has it really meant in the grand scheme of things. They often end right back at ground zero, only to repeat the routine over and over like a rat running on a treadmill.

Alex Jones talks about Al-queda as a creation of the CIA as if it is an actual network of terrorists. It is not. Al-qaeda is a creation of the CIA, but created only as a fantasy *only in the minds of the public!* Al-queda doesn't exist!

The best way to control the opposition is to lead it ourselves.—Lenin

I think Mr. Jones may have ulterior interests. I suppose there is a lot of cash to be got by spreading disinformation.

Am I a pessimist in my overall worldview? I am very optimistic of the future,

but only [when the King returns](#).

More information about who Alex Jones really is:

www.truthin7minutes.com/alex-jones-is-patriot-truth-leader-mr-jones-a-fake

January 22, 2013 update:



Alex Jones

People like Alex Jones and Ron Paul, while claiming to offer an alternative to American corruption, are strangely silent when it comes to the agency that is historically most [culpable](#). While ostensibly defending our Constitution; they say nothing of the organization that has [opposed](#) it the [longest](#). “None of these self-styled ‘freedom fighting’ conspiracy theorists expose the real power behind all the conspiracies at work,” writes Seventh-day Adventist layworker, Roland Temple.

“Alex Jones is hiding the biggest part of the NWO. He’s hiding all this and it’s not by accident,” says (non-Adventist) Christian activist, [Thomas Richards](#). “A lot of the things he covers have a direct connection with The Vatican, but he never mentions it.” That’s suspicious, say some, because the Commander of InfoWars.com seems very well informed about everything else that’s going on behind the scenes, almost as if he’s got a back-stage pass.

[Mass Media Mind Manipulation](#)



I found some great quotes exposing how the media is covertly molding the opinions of those who have not yet been enlightened to the tactics of the ruling Elite of this world. This is taken from an article by Randy Lavello,

June 2, 2003, called "Mass Media Mind Manipulation and the World of Illusion." Unfortunately, the website has gone offline.

The main concept of mind control, in the book *Nineteen Eighty-Four* (by George Orwell), was to cause a person to 'doublethink.' Orwell explains 'doublethink' as a willingness "to forget any fact that has become inconvenient, and then, when it becomes necessary again, to draw it back from oblivion for just so long as it is needed." For example, the U.S. places Saddam Hussein in power, arms him to the teeth, then declares him a menace to the world and attacks him. We are supposed to forget that Donald Rumsfeld handed Saddam a briefcase – the Weapons of Mass Destruction kit! If I hand a person a gun, then shoot him, does that make me a hero? We are supposed to 'doublethink' and not care how many times the Federal Government lies to us, yet still believe every word they say at present. When our nation blows something up it is called an 'operation.' When anyone else blows something up it is called 'terrorism.' By this interpretation, terrorism is defined as using a bomb without dropping it from a plane or delivering it by a missile! Because they don't spend the money on high-tech gear, they're terrorists!

There was a War on Illiteracy – more people are illiterate. There was a War on Drugs – more drugs hit the street. Now there's a War on Terror – a war on a concept, which will, of course, bring us more terrorism. We see the results of these so-called 'wars,' yet we 'doublethink' and ignore the facts.

[The Georgia Guidestones – the 10 commandments of the Antichrist?](#)



The Georgia Guidestones is a large granite monument in Elbert County, Georgia, USA. A message comprising ten guides is inscribed on the structure in eight modern languages, and a shorter message is inscribed at the top of the structure in four ancient languages' scripts: Babylonian, Classical Greek, Sanskrit, and Egyptian hieroglyphs. (from http://en.wikipedia.org/wiki/Georgia_Guidestones)



English inscription on one of the Georgia Guidestones.

What the first statement says:



Recently a friend called my attention to the Georgia Guidestones. I've heard of the message on them before, but this is the first time to see a photo of one of the stones. The [Wikipedia explanation of them](#) is evenhanded in my opinion, but the photo of the stone shown on Wikipedia is dark making it hard to read. Using a free graphic editor ([Gimp](#)), I increased the brightness and contrast making the writing on the stone much easier to see. Is this the plan of the New World Order? You be the judge.

THE MESSAGE OF THE GEORGIA GUIDESTONES

1. Maintain humanity under 500,000,000 in perpetual balance with nature.
2. Guide reproduction wisely – improving fitness and diversity.
3. Unite humanity with a living new language.
4. Rule passion – faith – tradition – and all things with tempered reason.
5. Protect people and nations with fair laws and just courts.
6. Let all nations rule internally resolving external disputes in a world court.
7. Avoid petty laws and useless officials.
8. Balance personal rights with social duties.
9. Prize truth – beauty – love – seeking harmony with the infinite.
10. Be not a cancer on the earth – Leave room for nature – Leave room for nature.

Take note of the cap on world population in the first statement. That's a reduction of 92% of the present 6 billion people on earth! How is the ruling Elite going to do that? They've been working on it from as early as 1954! Probably the final method will be [extermination of all who will not bow down to the Beast](#). But [Jesus won't let them get away with it](#) entirely!